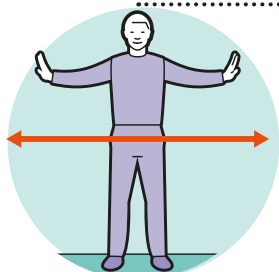


Rules of Conduct im DOCK 11 und EDEN

How can one prevent an infection with pathogens and the new coronavirus?

Please come already dressed in training clothes. Please do not use the cloakrooms and showers. Toilet and washbasin may be used. Put your shoes to the back exit and also leave the studio through the back exit. Please note the times and arrive before the course starts, in order to begin on time and leave the studio directly after the end of the course. For individual lessons and trial lessons please fill out the form.



at least 1.5 metres
Safety clearance

Keep your distance

Infected people can feel healthy and may not have symptoms.

That's why you should keep 1,5 m distance to others.

Stick to the marker in the dance studio and only move in the marked spaces.



Cough and sneeze properly

Entry is only allowed when there are no symptoms of cold or any other illness.

To protect the others, please sneeze into the bend of your elbow and not to your hand.

Throw used paper tissues directly into a bin with a lid.



Soap for at least 20 seconds.
Soap up to the wrist

Wash your hands

Wash your hands regularly and thoroughly with soap and dry them with a clean cloth.

Don't touch your mouth, nose, eyes nor food without washing your hands first.



Less physical contact

Please do not hug or shake hands.

Do not touch dance partners.

Partner work or hands-on corrections are currently not possible.



Masks

The mask can be protect yourself and others.

Please put on a mask when entering

DOCK 11 | EDEN. While dancing she can

be dropped. Please put the mask back on when you go out.